

S. 4472, the Health Care Capacity for Pediatric Mental Health Act

Child and Adolescent Mental Health Is a National Emergency

- 1 in 5 children and adolescents experience a mental health condition each year. (Source: <u>CDC</u>)
- 50% of mental illness begins by age 14. (Source: <u>SAMHSA</u>)
- Emergency department visits for children's mental health more than doubled between 2016 and 2020. (Source: CHA PHIS Data)
- Suicide is the second leading cause of death in youth ages 10-24. (Source: CDC)

Urgent action is needed to expand capacity to deliver appropriate care to meet children's mental and behavioral health needs across a full continuum of care and to strengthen the infrastructure which supports these services. In many communities, there are too few options for children in need of mental health treatment and too often children go without the necessary care, often resulting in more serious mental health conditions. As a result, children's hospitals are reporting significant increases in the number of children in crisis who are "boarding," or waiting in hospitals for appropriate care placements to become available. A comprehensive approach to pediatric mental health care must include clinical and non-clinical health services and access to a full spectrum of care, including mental health promotion and prevention as well as early intervention and treatment. In order serve our children in need, now and into the future, transformational actions must be taken now to strengthen access to mental health care for kids.

All too often, federal resources to address mental health do not make their way to children or the pediatric providers who serve them. S. 4472, the Health Care Capacity for Pediatric Mental Health Act, puts **kids first**! Purposefully designed to address children's unique needs, this bill includes critical investments that will bolster the pediatric mental health workforce and improve the availability of a full continuum of care for kids.

The Health Care Capacity for Pediatric Mental Health Act (S. 4472) will

establish three new grant programs at the Health Resources and Services Administration (HRSA) uniquely focused on urgent needs with pediatric mental and behavioral health care. Together these grants:

Improve access to community-based services and support

Strengthen community-based pediatric mental health services by enabling communities to implement or develop new programs and policies tailored to meet the mental and behavioral health needs of children.

Support training to enhance the pediatric mental health workforce

➤ Bolster the capacity of the current pediatric health workforce, through expanded mental and behavioral health training and support for pediatric mental health professionals.

Invest in critical pediatric mental health infrastructure

Expand and enhance critical pediatric mental health infrastructure to improve our national capacity to deliver appropriate care for children with more intensive treatment needs, including inpatient psychiatric care and step-down care, such as day programs or intensive outpatient services.