# Advancing Children's Mental Health Priorities

**Policy Update** 



# **Agenda for Today's Meeting**

- Welcome
- Behavioral Health Policy Priorities
- Senate Finance Youth Mental Health Discussion Draft
- Congressional Landscape and How it all Works Together
- Call to Action
- Q&A

# **Behavioral Health Policy Priorities**

Medicaid Rates	Increase critical Medicaid investments in pediatric behavioral health services, such as Medicaid parity with Medicare payment rates for similar services – discussing options for Medicaid support in SFC workforce workgroup
Workforce Development	Expand investments to support the recruiting, training, mentorship, retention and professional development of a diverse pediatric workforce in a wide array of settings across the care continuum – expect to be included in Sens. Casey/Cassidy bill
Continuum of Care	Bolster community-based systems of care to facilitate prevention, early identification and treatment and enhance coordination and integration of pediatric mental health care – expect to be included in Sens. Casey/Cassidy bill
Infrastructure Investment	Invest in pediatric mental health systems and infrastructure to expand care capacity – expect to be included in Sens. Casey/Cassidy bill
Telehealth	Facilitate access to mental health services for children through telehealth – included in SFC telehealth discussion draft and in House mental health package from E&C
Parity	Strengthen implementation and oversight of mental health parity requiring comparable coverage of mental health and physical health services – in House mental health package from E&C

## **Senate Finance Committee**

Working Group Focus Areas	Co-Chairs
Strengthening the workforce	Sens. Debbie Stabenow, D-Mich., and Steve Daines, R-Mont.
Increasing integration, coordination and access to care	Sens. Catherine Cortez Masto, D-Nev., and John Cornyn, R-Texas
Ensuring parity between behavioral and physical health care	Sens. Michael Bennet, D-Colo., and Richard Burr, R-N.C.
Furthering the use of telehealth	Sens. Ben Cardin, D-Md., and John Thune, R-S.D.  - Discussion draft released
Improving access to behavioral health care for children and young people	Sens. Tom Carper, D-Del., and Bill Cassidy, R-La.  - Discussion draft released

#### **Senate Finance Youth Mental Health Discussion Draft**

- Released on Wednesday by Chair Wyden, Ranking Member Crapo, Sen. Carper and Sen. Cassidy.
- This is just one of 5 work groups to address the mental health crisis.
- CHA released a <u>statement</u> of support for the draft.
- Specific policies in this discussion draft advocated by children's hospitals include:
  - Requires oversight and enforcement of Medicaid's Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit to ensure children are receiving needed services from early identification through treatment.
  - Addresses barriers to coordinated care by allowing all providers to receive Medicaid reimbursement for behavioral and physical health services delivered on the same day.
  - Requires guidance to state Medicaid and CHIP programs to improve the provision of behavioral health services for children and additional publicly available data on mental health services provided under Medicaid.
  - Streamlines out of state enrollment for out of state Medicaid providers to ensure children receive timely care when needed outside their home state.
  - Supports mental health care in schools and family care services for children and youth in foster care by updating guidance and support for states to address challenges.
  - Requires Medicaid state plans to ensure that youth being discharged from juvenile justice settings are connected
    to Medicaid ahead of discharge and receive appropriate screenings, diagnostics and referrals.

#### **Senate HELP Committee**

- Chair Murray, D-Wash., and Ranking Member Burr, R-N.C., are working to reauthorize, improve and expand federal mental health and substance use disorder programs.
- Committee has held two hearings with a focus on the mental health crisis and the health care workforce shortage.
- Sens. Murphy and Cassidy are working on a bill on existing programs.
- Sens. Casey and Cassidy are working on a bill to create new pediatric-focused grants to address community-focused behavioral health needs, boost the pediatric behavioral health workforce and strengthen pediatric mental health infrastructure.
- CHA has asked the committee to prioritize:
  - Tailoring new policies and refining existing programs to meet the unique needs of children and adolescents.
  - Increasing and targeting investments to support recruitment, training, retention and professional development of a diverse clinical and non-clinical pediatric workforce.
  - Strengthening systems of care and removing barriers to ensure kids get the care they need.

### Bipartisan Framework on Gun Violence Prevention

- 20 bipartisan Senators released a proposal around gun violence prevention and investments in youth mental health.
- Youth mental health investments outlined in the framework include:
  - Expansion of the community behavioral health center model.
  - Investment in mental health and suicide prevention programs.
  - Support for crisis and trauma intervention and recovery.
  - Funding for school-based mental health and supportive services.
  - Telehealth investments.
- Legislative text hasn't been released yet, so we don't know the details of the investments.
- We are hearing that the funding will focus on existing programs and be a one-time investment.

# **Behavioral Health Legislative Requests**

H.R. 4943, Children's Mental Health Infrastructure Act

H.R. 4944, Helping Kids Cope Act

H.R. 1397/S.1798, the Telehealth Improvement for Kids' Essential Services (TIKES) Act

H.R. 7236 – Strengthen Kids' Mental Health Now Act

#### **Call to Action**

#### Contact your Senators now:

- Thank them for the focus on children and the proposed policies released to date.
- Ask them to contact Senate Finance Committee members and/or leadership to:
  - Keep these positive policies in the mental health package that advances AND
  - Add significant Medicaid investments for pediatric mental health services and workforce or we will not be successful in addressing the children's mental health emergency.
- Future action: Once the Casey/Cassidy bill is dropped (hopefully next week), we will reach out with a call to action to ask Senators to cosponsor and weigh in with Senate HELP members and leadership.

# **July Mental Health Fly-In**

- July 12 & 13 fly-in for C-Suite and behavioral health leaders to meet with congressional policymakers on children's mental health.
- Currently have 20+ hospitals attending.
- RSVP and room reservation links in June 13 email.
- Reach out to Leah or Elizabeth with any questions.
- Schedule:

#### Tuesday, July 12

- Fly in day for participants
- 4:00 p.m. Briefing with CHA staff and participants to review priorities and talking points for Hill meetings
- 5:30 p.m. 7:00 p.m. Thank you reception for our congressional champions at a location on Capitol Hill
- 7:00 p.m. Dinner on your own

#### - Wednesday, July 13

- 8:30 a.m. Briefing at hotel with CHA staff and participants who missed the July 12, 4:00 p.m. meeting
- All day Hill meetings



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