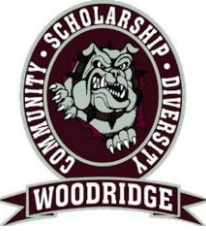
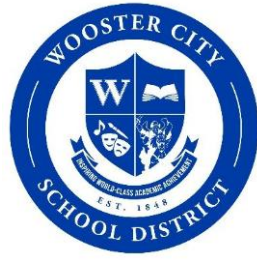


School Health Services: A strategy for school partnership through the lens of behavioral health





COVENTRY LOCAL SCHOOLS



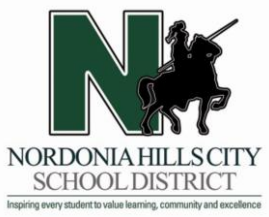
EAST PALESTINE CITY SCHOOL DISTRICT



BIO-MED SCIENCE ACADEMY STEM SCHOOL



Streetsboro City Schools



ONTARIO LOCAL SCHOOLS



LIBERTY LOCAL SCHOOLS



WINDHAM EXEMPTED VILLAGE SCHOOLS



Massillon City Schools

Portage Lakes Career Center



HUDSON CITY SCHOOL DISTRICT

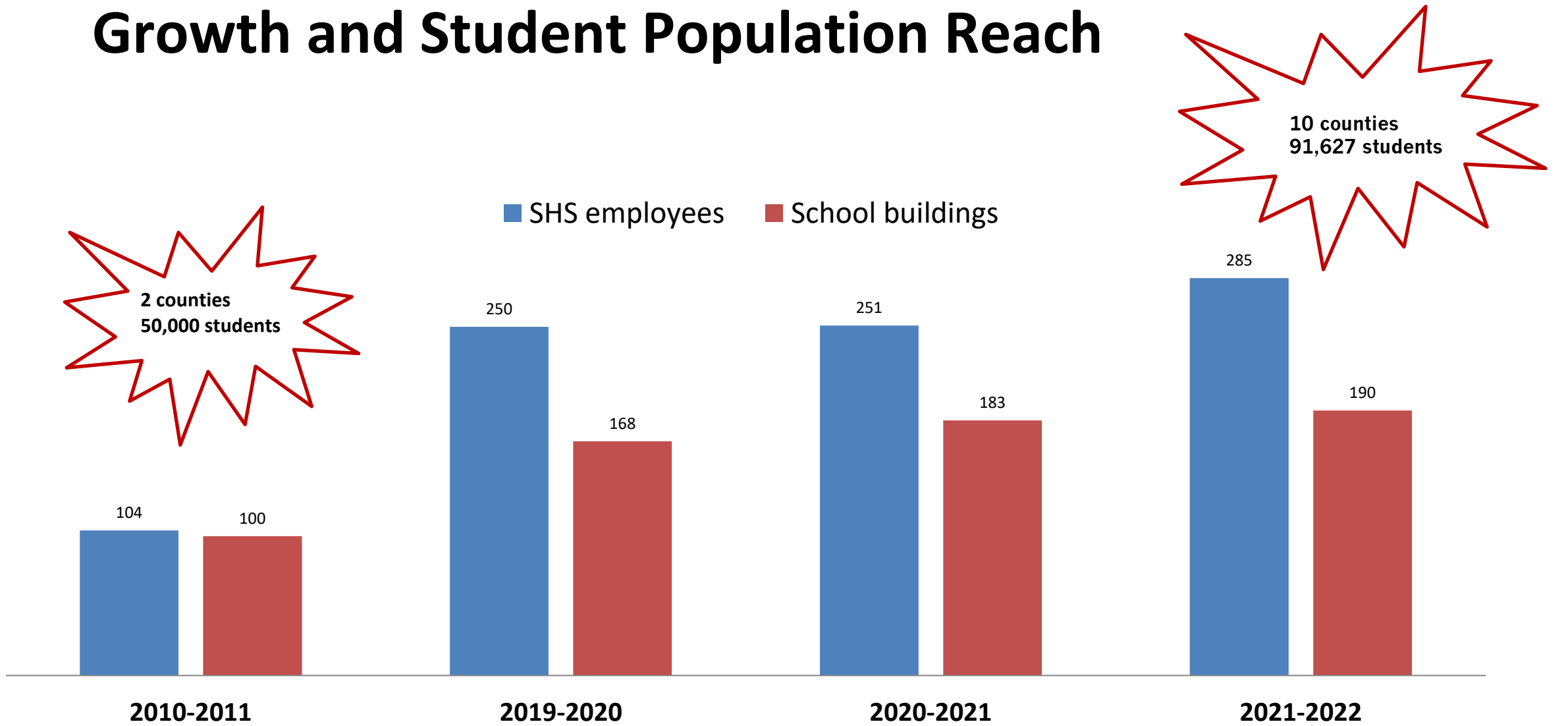


Dalton Local Schools



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Growth and Student Population Reach





School Based Health Center

Comprehensive primary medical care that includes preventative well care, health screening and education, and streamlined referral.



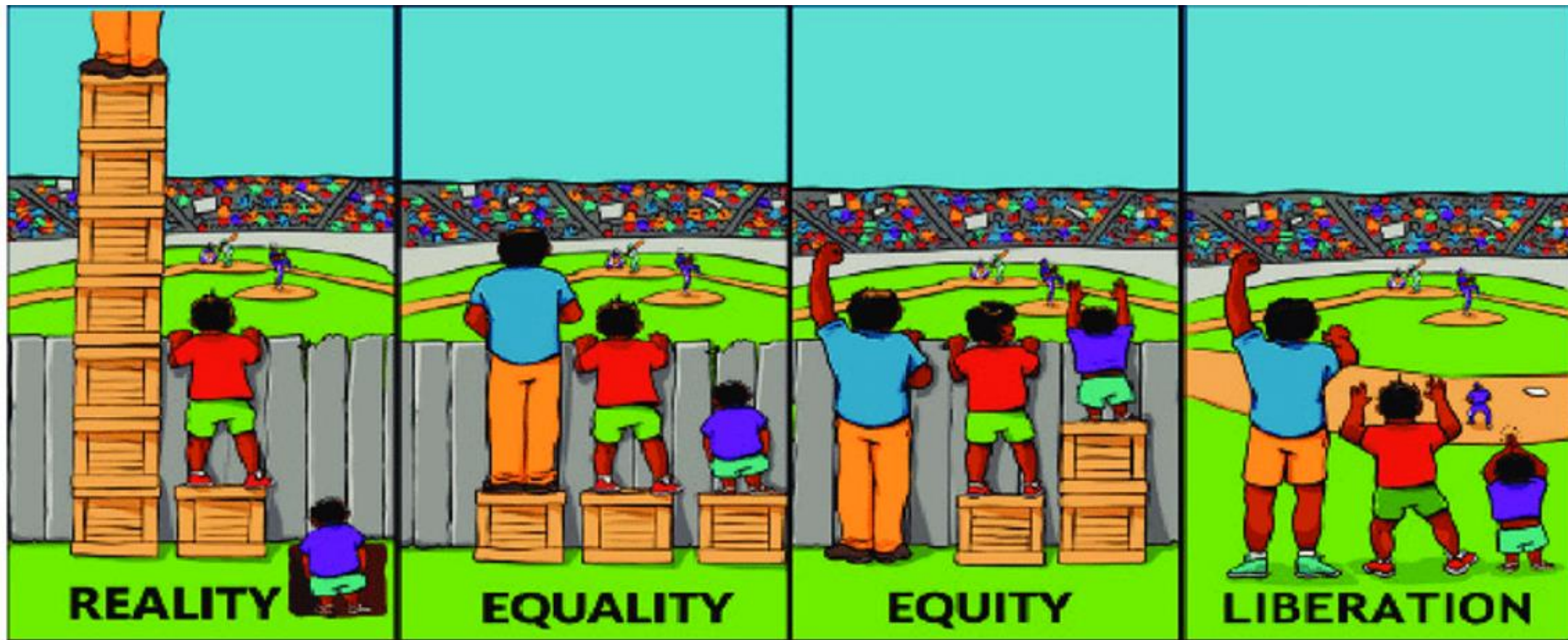
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Why School Health?



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Health Equity



Adaption of work by Interaction Institute for Social Change/Artist: Angus Maguire
interactioninstitute.org and madewithangus.com



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Zero Suicide Framework

Holistic approach to suicide prevention within health and behavioral health care systems.

<https://zerosuicide.edc.org/about/framework>



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System-wide culture change

LEAD



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School is our Strategic Partner in Child Health

- Mission Alignment
- Influence
- Innovate



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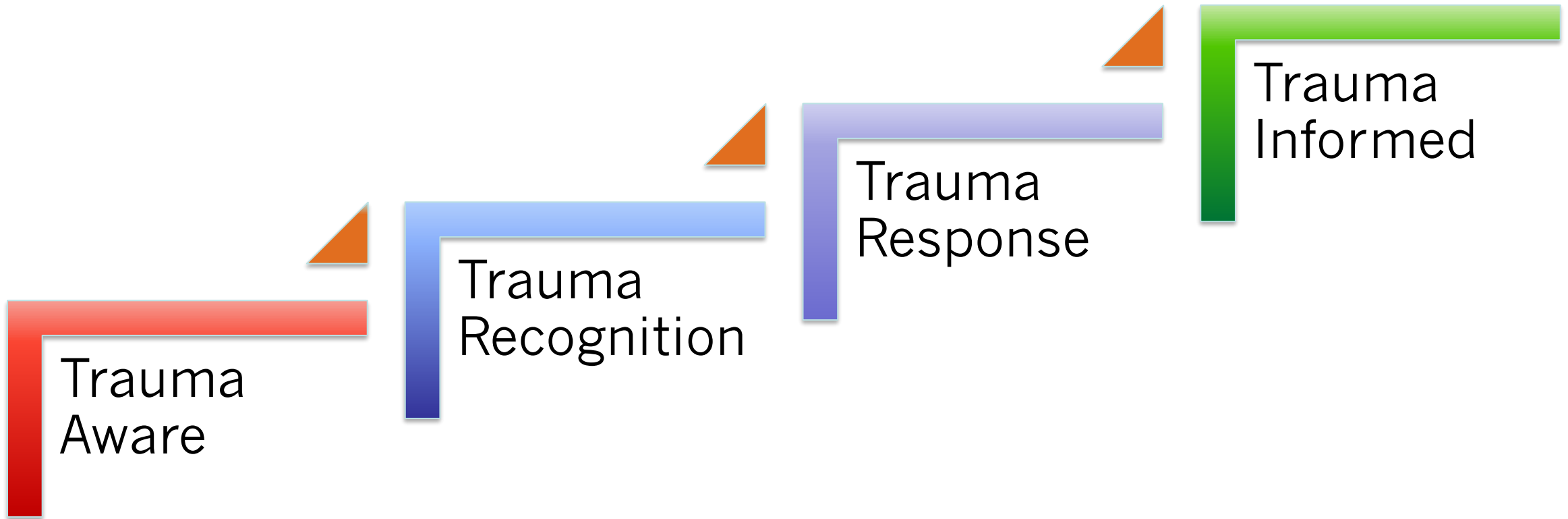
Competent, confident and caring workforce
Training for all
Trauma informed schools

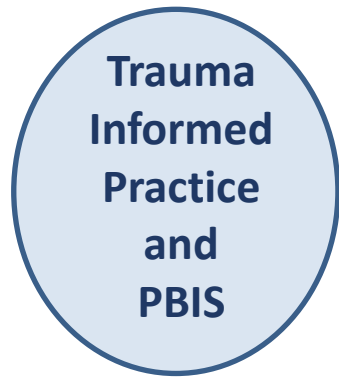
TRAIN



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Trauma Informed Schools





Tier 3

Individual Student Strategies

Trigger Identification
Proactive Intervention
De-Escalation Tools

Tier 2

Administrative and classroom interventions Strategies for Students at Risk

Small group social/emotional education
Check In/Check out

Tier 1

Universal school- wide expectations and effective classroom

Increased staff empathy
Environmental considerations
Clear consistent expectations
Daily mindfulness practice
Staff/student relationships
Staff self care



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Early identification
Universal Risk Screening

IDENTIFY



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Early identification behavioral health needs

- School nurse visits
- School attendance team
- Well child visits



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School Safety Plan
Care Management Team

ENGAGE



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Behavioral Health Safety Plan

Last updated/reviewed on: 8/31/2021 09:30 AM Now

Last provided to family on: 8/31/2021 09:30 AM Now

School Plan needed? ☒ Yes ☐ No

Safety Plan

Warning signs I need to use my healthy skills

- | | |
|--|---|
| <input type="checkbox"/> Losing my temper | <input type="checkbox"/> Loud voice |
| <input checked="" type="checkbox"/> Eating less | <input type="checkbox"/> Loss of interest in activities |
| <input type="checkbox"/> Breathing hard | <input type="checkbox"/> Sleeping a lot |
| <input type="checkbox"/> Mood changes | <input type="checkbox"/> Racing heart |
| <input type="checkbox"/> Sleeping less | <input checked="" type="checkbox"/> Not taking care of myself |
| <input checked="" type="checkbox"/> Clenching teeth | <input type="checkbox"/> Crying |
| <input type="checkbox"/> Clenching fists | <input checked="" type="checkbox"/> Eating more |
| <input type="checkbox"/> Isolation/Not wanting to be around people | <input type="checkbox"/> Wringing hands |

Other:

My Healthy Skills

- | | | |
|---|---|--|
| <input checked="" type="checkbox"/> Talking with others | <input checked="" type="checkbox"/> Listen to music | <input type="checkbox"/> Writing in a journal |
| <input type="checkbox"/> Speaking with my therapist | <input type="checkbox"/> Talk to a spiritual leader | <input type="checkbox"/> Exercising |
| <input type="checkbox"/> Being read a story | <input type="checkbox"/> Giving/getting a hug | <input type="checkbox"/> Take a shower |
| <input type="checkbox"/> Bounce/squeeze a ball | <input checked="" type="checkbox"/> Being around others | <input type="checkbox"/> Doing chores/cleaning |
| <input checked="" type="checkbox"/> Reading a book | <input type="checkbox"/> Coloring | <input checked="" type="checkbox"/> Deep breathing |
| <input type="checkbox"/> Hugging a stuffed animal | <input type="checkbox"/> Lying down | <input type="checkbox"/> Spending time outdoors |
| <input type="checkbox"/> Spending time with pet(s) | <input type="checkbox"/> Meditate | <input type="checkbox"/> Yoga |

Other:

Stratification Level

BH Safety Plan

HOMICIDAL IDEATIONS

Homicidal Ideations

NON-SUICIDAL SELF-INJURIOUS BEHAVIOR

Responsible (in charge) adult(s) who I can ask for help and their links to me

- | | |
|----|-----------------------------|
| 1. | <input type="text"/> Mother |
| 2. | <input type="text"/> Father |
| 3. | <input type="text"/> Aunt |

School Plan

Healthy skills I can use at school

- | | |
|----|------------------------------|
| 1. | <input type="text"/> skill 1 |
| 2. | <input type="text"/> skill 2 |
| 3. | <input type="text"/> skill 3 |
| 4. | <input type="text"/> skill 4 |

While at school, the adults I can contact for support are:

- | | | | |
|------|-----------------------------------|----------|---|
| Name | <input type="text"/> Mrs. Johnson | Location | <input type="text"/> Counselor's office at school |
| Name | <input type="text"/> Ms. Jenkins | Location | <input type="text"/> Vice Principal's office |

Emergency Plan

Professionals/experts I can reach when I need help:

- a) For urgent danger of harming self or others call 911
- b) 1-800-273-TALK (8255) (National Suicide Prevention Lifeline)
- c) Text 4hope to 741741 (Crisis Hotline)

For families or caregivers with concerns about their child's mental health needs, call:

- d) 330-543-7472 (PIRC) Psychiatric Intake Response Center at Akron Children's Hospital

Special Instructions

Insert SmartText

School Safety Plan



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Access/Care Navigation
Crisis Intervention Response

TREAT



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How can we partner in care gaps?

- School needs assessment
- School nurse as care navigator



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Handle with care, warm handoffs and supportive contacts
Coordination of care

TRANSITION



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Coordination of care



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- HIPPA/FERPA
- School integration plan



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Continuous quality improvement

IMPROVE



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Learn from small tests of change

- Postvention
- Coordination of Care QI Pilot Project



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Thank you!

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