## Welcome







## Carole Lannon, MD MPH

- Lead, the Roadmap Project
- Anderson Center for Health Systems Excellence, Cincinnati Children's
- Professor of Pediatrics, University of Cincinnati School of Medicine
- Senior Quality Advisor, American Board of Pediatrics





### Roadmap Four-Part Emotional Health Learning Series

### Session 2:

Assessing Readiness to Effectively Support Emotional Health









## Patients and parents advocated for addressing emotional health of children with chronic conditions and their families





## The Issue

- Child health care providers report barriers to initiating conversations about mental health<sup>1</sup>
  - insufficient training and knowledge in discussing mental health issues
  - limited referral resources
- Parents of children with chronic conditions sometimes have difficulty acknowledging feelings of stress and may underreport symptoms<sup>2</sup>



<sup>1</sup> Franklin MK, et al. Journal of Child Health Care. 2021 Dec 8: online ahead of print <sup>2</sup> Pickles DM, et al. Pediatrics. 2020 Feb 145(2)

## Roadmap's Goal

Increase the emotional health and resilience of children with chronic conditions and their families by:

- Raising awareness among patients and families to 'validate' stress and promote self-care
- Raising awareness among clinical teams to address these issues and provide support
- Providing resources and connections for clinicians and families







ULANGONE



### Ann & Robert H. Lurie Children's Hospital of Chicago<sup>®</sup>



## **UNC** HEALTH CARE Children's



Yale NewHaven Health

Yale New Haven **Children's Hospital** 



Cincinnati

Children's



## Roadmap Readiness Checklist





## Why a Readiness Checklist?

The Pilot Collaborative identified a tool designed to help <u>assess readiness</u> for including emotional health as a routine part of care





## Roadmap Readiness Checklist

✓ Awareness of Need

✓ Resource/referrals

✓ Mental health providers

✓ Peer-to-peer support, both local and regional/national

✓ Crisis plan in place

✓ For pediatric and adolescent patients

✓ For patients and family members

✓ Confident and capable to ask, "How are you doing?"





## Checklist Component: <u>Awareness</u>

• Clinicians and staff in our setting are <u>aware</u> of the stresses of living with / parenting a child with a chronic condition and the importance of addressing emotional health for patients / families with chronic pediatric conditions





A Project Champion: Engaging Colleagues and Staff to <u>Build Awareness</u>

> Aliese Sarkissian UNC Children's Hospital







## Aliese Sarkissian, MD, MBOE

- UNC Children's Assistant Professor, Division of Pediatric Rheumatology
- Site Co-leader, Roadmap Pilot Collaborative





# Are you ready to engage your colleagues?



## Start with yourself- what barriers do I see?

- I do not have ...
- □ training in emotional health counseling
- □ time to ask during the patient visit
- □ the emotional health resources to offer
- It is likely your colleagues have the very same ones!
- Present interventions to these barriers in conjunction with the importance of emotional health support for patients with chronic conditions and their families



## Intervention: I do not have the training

- Dr. Erica Sood's excellent talk and model : Normalize- Ask- Pause
  - Summarize key points to present to your division
  - Tailor it to your field (e.g. rheumatology patients often have to administer injectable medications, which often leads to anxiety)
- Roadmap Example Conversation resources (1-page tools or videos)
  - Share one video with the group and discuss
- Don't forget to ask your division- they may already be employing ways to ask!



## Intervention: I do not have the time

- Most often you will only get a "tip of the iceberg", per Dr. Sood
- If you start early (diagnosis day) it becomes a normal part of the visit, included in the review of systems

• Ask your team how much time (and resources) are spent when emotional health problems result in lack of therapeutic adherence?



## Intervention: I do not have resources...

- LISTENING is an intervention!
- You do not have to solve all their problems at one visit, just as you cannot cure their chronic condition at one visit

- Be creative and brainstorm with your division about what you do have
  - Disease foundation websites with peer and family support
  - Ask other divisions what they use in terms of local resources



## Share the interventions and circle back to maintain them

- Pilot your talk in your division
  - What other barriers did they identify?
  - What resources did you brainstorm?
- Take it larger to your department
  - Helps identify other "champions" across divisions
- Return to your division
  - Case conference is not only a time to review diagnostic challenges, but also to review total care for patients



Developing or Updating a Resource List

Carole Lannon





## Purpose

• Patients and parents working with Roadmap have repeatedly stressed **you don't have to be a mental health professional to make a difference**. Yet, sometimes families will need more support than a physician or subspecialty team can provide.

• This tool is designed to help you think through creating a resource list to provide additional support...or updating or expanding an existing list.





# Checklist

## Component : Resource List

• We have an up-to-date list of <u>resources</u> to support the emotional health of children with chronic conditions and their families that includes:

- Mental health providers
- Peer-to-peer support resources for patients and for families





## **National Mental Health Resources**

A number of national organizations and initiatives provide free resources or referrals. Several are highlighted here; others also exist.



National Suicide Prevention Lifeline https://suicidepreventionlifeline.org/ 1-800-273-8255



The Trevor Project provides 24/7 crisis support services to LGBTQ young people 1-866-488-7386 or text START to 678678

2-1-1 has been designated as the 3-digit number for information and referrals to social services and other assistance. Links to 200+ local resources



CRISIS TEXT LINE

Text HELLO to 741741 Free, 24/7, Confidential

> Trained volunteer Crisis Counselors https://www.crisistextline.org/





## National Mental Health Resources (continued)

A number of national organizations also have resources available through state chapters or affiliates.

#### Mailance on Mental Illness

If you or someone you know needs help, contact NAMI HelpLine Mon. – Fri. from 10 a.m. – 10 p.m. ET

> 1-800-950-NAMI (6264) or info@nami.org

NAMI (the National Alliance on Mental Illness) has a helpline and other support and help at https://nami.org/help Family Voices <u>Family-to-Family Health</u> <u>Information Centers or Affiliate</u> <u>Organizations</u> can help locate resources and support for families with a child or youth with special health care needs



National Alliance on Mental Illness state organizations and affiliates that offer free support. They can be identified for your state at https://www.nami.org/findsupport

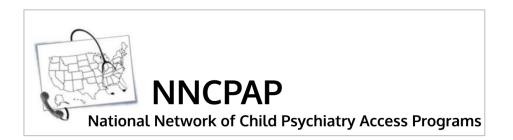






## **City, County and State Mental Health Resources**

Resources may also be available from your city, county, and/or state. Parents are often aware of these resources, and may be able to help you identify them for your resource list.



Many states have a Child Psychiatry Access Program. Services vary by state but can be identified for your state at https://www.nncpap.org/map





## **Disease-specific Organizations**

A number of disease-specific organizations and groups offer patient and family support, services and resources. Some are national (with or without state or local chapters); others are regional. Examples include:

- American Diabetes Association <a href="https://www.diabetes.org/">https://www.diabetes.org/</a>
- Cystic Fibrosis Foundation <a href="https://www.cff.org/">https://www.cff.org/</a>
- Crohn's and Colitis Foundation
   <a href="https://www.crohnscolitisfoundation.org/">https://www.crohnscolitisfoundation.org/</a>





## **Resources at Children's Hospitals**

Virtually all hospitals have a <u>Patient and Family Advisory Council</u> (PFAC) and possibly an independent <u>Youth Advisory Council</u> (YAC). The PFAC or YAC can be a resource to help facilitate peer-to-peer mentoring for patients and caregivers. Additionally, PFAC or YAC members can provide feedback about your resource list, and your plans for dissemination.







## Peer-to-Peer Support <u>Resources</u>

### Kiona Allen Ann & Robert H. Lurie Children's Hospital of Chicago







## Kiona Allen, MD

- Lurie Children's Attending Physician, Cardiology & Critical Care Medicine
- Medical Director, Regenstein Cardiac Care Unit
- Medical Director, Single Ventricle Center of Excellence
- Co-Director, NICU-Cardiac Neurodevelopmental Program
- Assistant Professor of Pediatrics, Northwestern University Feinberg School of Medicine
- Co-Lead for the Quality Improvement Workgroup of the Fontan Outcomes Network





## Social Determinants of Health & Wellness

- Peer-to-peer supports can be a major social determinant of physical and mental health
  - Provide social and community supports
  - Enhance education
  - Share information that improves access to resources
- Providers can be a positive SDOH by leveraging the strength of the medical community (center-level, locally, regionally, and nationally)



## **Building Community**

#### Single Ventricle **Center of Excellence** Lurie Children's Single Ventricle Center of Excellence Send Message @LurieSV · Medical & Health Home Services Reviews Shop More \* Liked About See All Create Post The Single Ventricle Center of Check in 2 Tag Friends Photo/Video Excellence at Lurie Children's partners with patients and families to care for children and young adults living with si... See More Lurie Children's Single Ventricle Center of Excellence 20 222 people like this including 76 of your # Favorites - September 26 at 7:55 AM - 🕅 Ð friends 00 Pa 248 people follow this https://www.luriechildrens.org/en/special Save The Date ties-conditions/single-ventricle-centeracebook of-excellence/ (312) 227-8588 Saturday November 13th, 2021 Send Message () Medical & Health Brookfield Loo Tree Awareness Decoration! Suggest Edits More information to Is this the right phone number for this LÌ. page? come +13122278588 Conquering CHD Yes Unsure No Conquering CHD - Illinois September 25 at 2:00 PM - C Photos See All SAVE THE DATE!!! Saturday Nov. 13th, 2021 Brookfield Zoo Awareness Tree Decorations! More info to come! Keep a lookout for the event! ... See More 0 2 心 Like C Comment A Share Write a comment.. 0000

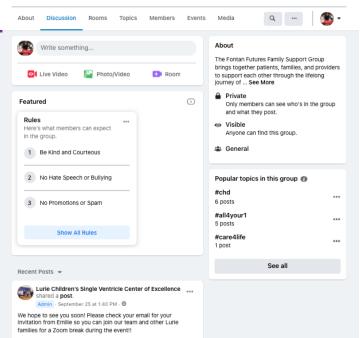


Group by Lurie Children's Single Ventricle Center of Excellence

#### Fontan Futures at Lurie Children's Private group · 112 members

Facebook Group

#### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Ann & Robert H. Lurie
 Children's Hospital of Chicago

#### Single Ventricle Center of Excellence



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**Register for Lurie Meet and Greet** 

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Register for FON Learning Session

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patients feel comfortable speaking freely. For an overview of the day, view the agenda at a glance

#### **Register for Single Ventricle Patient Day**





## Building Community – Center Level

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#### Single Ventricle Center of Excellence





#### Group by Lurie Children's Single Ventricle Center of Excellence

#### Fontan Futures at Lurie Children's Private group · 112 members \*\*\*\*\* + Invite 👚 · About Discussion Rooms Topics Members Events Media Q About Write something... The Fontan Futures Family Support Group brings together patients, families, and providers ol Live Video 🛛 🔯 Photo/Video 击 Room to support each other through the lifelong journey of ... See More Private Featured (i) Only members can see who's in the group and what they post. Rules Visible Here's what members can expect Anyone can find this group. in the group. a General 1 Be Kind and Courteous 2 No Hate Speech or Bullying Popular topics in this group 🚯 #chd ••• 3 No Promotions or Spam 6 posts #all4your1 ••• 5 posts Show All Rules #care4life ••• 1 post See all Recent Posts 📼 Lurie Children's Single Ventricle Center of Excellence shared a post. Admin - September 25 at 1:40 PM - 🖨 We hope to see you soon! Please check your email for your invitation from Emilie so you can join our team and other Lurie families for a Zoom break during the event!!





Thank you for allowing curre Children sho be a part of your journey. We hope to see you at these events to help us identify the challenges we face, but also to share in the hored die you of your vid s and family simally among millestones.

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#### Register for Single Ventricle Patient Day





## **Building Community – Center Level**



#### **Fontan Futures at Lurie**

#### Children's Private group · 112 members

About The Fontan Futures Family Support Group brings together patients, families, and providers to support each other through the lifelong journey of See More Private Only members can see who's in the group and what they post. So Visible
Anyone can find this group.
Popular topics in this group ① #chd
6 posts *** #all4your1 *** 5 posts ***
#care4life

We hope to see you soon! Please check your email for your

families for a Zoom break during the event !!

Invitation from Emilie so you can join our team and other Lurie

Just a glimpse of her hard work and dedication over the last 4 years of high school in marching band. This was such a big deal for her to be able to do and be competitive with other schools. So thankful for the little things...As always Thank You to our Heart Center and many thanks to our Neurodevelopment clinic 💛 💙. You made her high



#### asked a question 😰 Melissa September 19, 2021 · 🕲

...

Are there any "older" (age 8+) heart warriors that would be willing to talk with my 4 year old daughter? She's 2 weeks post Fontan and I think she would love processing with someone who's had a similar experience. She's VERY verbal. She keeps asking friends and family about their surgeries, ie:

-Do you have a scar? -Did you have tubes? -What happened while you were there? -Did you have to take yucky medicine?

#### Thanks in advance 💞

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மீ Like Answer

All Answers 🔻

6 Answers Seen by 95

My daughter is going to be 5 in October and is also very verbal. Had open heart in April, if you don't find someone a little older, let me know and I'd be happy to let her FaceTime or whatever. 🙂

She had a lot of feelings about taking iron after and ... See more

Like · Reply · Award · 17w · Edited

My son is 4 and very verbal. Had Fontan in February. People ask him about his scar all summer. He tells people

" my heart needed help so Dr E cut me open to fix it and auntie kiona and auntie Michelle helped make it better". (All his choice of words af ... See more OF 4

Like · Reply · Award · 17w · Edited

#### Like · Reply · Award · 17w · Edited

Hi Melissa! Allison is 8.5! She had her Fontan in 2016. We have met you guys at a couple Congenital Heart Walks and go to church with Pam and Joe (who tell me all the time how great L is doing!). If you want to have L talk with Allison, send me a note .... See more

Like · Reply · Award · 17w

Hi Melissa I might be too old for your sweet girl, but I am 28 and I've had the fontan. I've got the scars, I remember the tubes, and the beeping machines drove me nuts! I lived in the hospital for 2.5 years in the old one in Lincoln Park. My best memo... See more 09 2 Like · Reply · Award · 16w

you are an inspiration! My love daughter is seven and had her fontan in April 2018. You give us so

#### About

The Fontan Futures Family Support Group brings together patients, families, and providers to support each other through the lifelong journey of living with single ventricle congenital heart disease in order to achieve our shared goal of a bright and productive future. It is specifically geared towards the patients and families at Ann & Robert H. Lurie Children's Hospital of Chicago, but all individuals are welcome.

Terms and Conditions of Use: We think it is important for you to know how we handle information communicated via the Internet on our site. This Terms & Conditions statement outlines our practices and our sensitivity to your right to privacy. We reserve the right to revoke access at any time for any reason

Registration and Use: An individual must be age 13 or older, and a verified patient of Ann & Robert H. Lurie Children's Hospital of Chicago to participate in Fontan Futures at Lurie Children's. Fontan Futures at Lurie Children's is not a source of clinical advice. Our goal is to provide a safe, private forum for open discussion between parents whose children have come through our program.

The site will be reasonably monitored to ensure the conversation stays topical and courteous. Lurie Children's will make its best effort to provide a timely response in removing inappropriate comments. However, we rely on the integrity and good sense of you the user; by use you agree to accept legal responsibility for your own comments. Please be careful with any personal and medical information you disclose in the forum

Specific questions or issues regarding the care and treatment of a patient will not be processed or responded to electronically. If you have a question about the care or treatment of a patient, or are seeking medical advice or treatment, you must contact your provider directly. This site is not a substitute for appropriate and timely contact with your physician.

Web Site Links:

Links to Web sites not managed by Lurie Children's may be offered on Fontan Futures at Lurie Children's. These website link(s) are for informational purposes only. Lurie Children's does not endorse and has not verified the accuracy of the information in/on these Web sites, and the information found on these Web sites should not be relied upon for purposes of treatment or diagnosis.





## **Building Community – Center Level**

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indau. August 8, 2021

10:00am - 1:00pm

Top:Golf

211 Odyssey Court Iaperville, IS 60563



#### SOME ASSEMBLY REQUIRED

#### Every hero needs a sidekick.

Helping support cardiac families in their moment of need.

OUR MISSION

Some Assembly Required is a nonprofit 501(c)(3) organization established to assist families with children in cardiac intensive care units (CCU) by alleviating the financial burden of parking fees.

As an organization founded by heart families for heart families, we know firsthand the overwhelming emotions that come when your child is born with a congenital heart disease and how difficult this journey is. If we can help carry the load with you by covering your parking expenses so you can focus on your heart hero, then we have lived up to our mission.







September 27, 2017

#### Share 🖪 🗹 in 🖂

For many of our patient-families, Lurie Children's becomes a second home, an extended family. This is especially true for our <u>Heart</u> <u>Center</u> families. When inpatient, patients often form bonds and friendships with one another.

To celebrate these special relationships, the Heart Center hosted its first annual <u>Regenstein Cardiac Care Unit (CCU)</u> BBQ on September 23, 2017. "We're so lucky to take care of such amazing patients and families," says Genny Frey, RN, MSN, Director of the Cardiac Care Unit. "It was one of our patients, Cordelia, who had the idea for this celebration. She asked, 'Is there ever a time when the doctors, nurses, staff and patients can get together outside the hospital and just have fun?'"

Thanks to Meghan Matlin, RN, Clinical Education Specialist for the CCU, Cordelia got to see her vision come to life. 700 Heart Center patients and families and Lurie Children's Heart Center physicians, nurses and staff came together for a day of fun, good food, music and most importantly reuniting and celebrating Lurie Children's heart warriors. "It was great to come together outside the hospital and celebrate with other heart warriors and all those who take care of us," says Cordelia, 14.

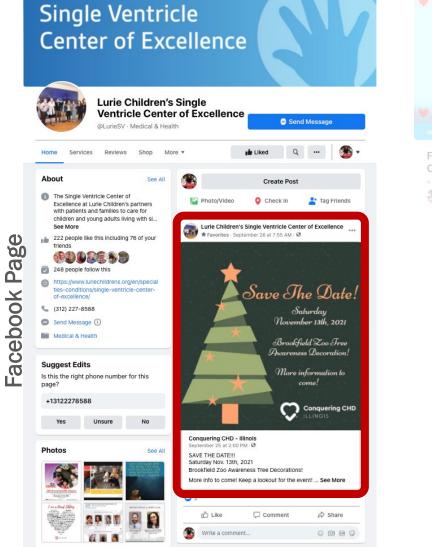


THE AMERICAN BOARD of PEDIATRICS



## Building Community – Regional Level

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Lurie Children's Single Ventricle Center of Excellence

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## Building Community – Regional Level

#### 🕗 · November 13, 2021 · 😁

CCHD-IL Brookfield Zoo tree! Thanks everyone for the names for the tree chain this year! Go check it out tree number 311! A 💓 🤍









#### **Conquering CHD -Illinois Chat**

Private group · 428 members

About Discussion Rooms Topics Members Events Media Files About this group

#### Group rules from the admins

Heart Disease (CHD), as well as problems with the heart caused by childhood diseases. This is a place to share your story, ask questions and learn from one

This group is to connect Illinois families affected by Congenital

another and hopefully, form friendships. We are not medical professionals but heart families. We are here to share experiences and our journey. Please leave medical questions to your healthcare team. While you can ask for references about care, please know we will not allow anyone to make comments. about any hospital staff or hospital. This is not the place and your

comments will be removed and can result in your removal from the group as well. \*Please remain civil and respectful at all times and be mindful of your tone as best you can, and language (no foul language please).

This is a friendly and safe space and we know you will keep it that Please no sharing of personal fundraising or any personal sells Sharing events that connect the heart community (such as hospital

events) are welcomed. See less

We know all heart families can use financial support. What we do for one family or other nonprofit, we must do for all. This is why we only allow fundraising for our charity on this page. Thanks for understanding.

Be Kind and Courteous We're all in this together to create a welcoming wironment. Let's treat everyone with respect. Healthy debates are natural, but kindness is required.

Conquering CHD Illinois is a 501c3 popprofit charity

No personal or charity fundraising

#### Being part of this group requires mutual trust. Authentic, expressive discussions make groups great, but may also be sensitive and private. What's shared in the group should stay in the group. 4 Respect for hospitals and dedicated staff

A 3 Respect Everyone's Privacy

While we want to assist heart families to make the best decisions in care, we will not allow anyone to speak poorly of hospital staff and hospitals. Your comments and/or you will be removed.

+ Invite

Q ...

#### Conquering CHD - Illinois January 4 at 12:30 PM · 🚱

Getting a new diagnosis of CHD or spending time in the hospital for surgeries can be scary, daunting, and downright rough. Our Conquering CHD kits help provide some relief and resources tp patients and families in need of support.

Is there a person or a family you know who could use a CHD care package?

Request or nominate someone to receive a care package here:https://www.congueringchd.org/.../nominate-for-a-care.../

#conqueringchdinil #conqueringchd #chd #chdawareness #nominate #chdcarepackage #carepackage

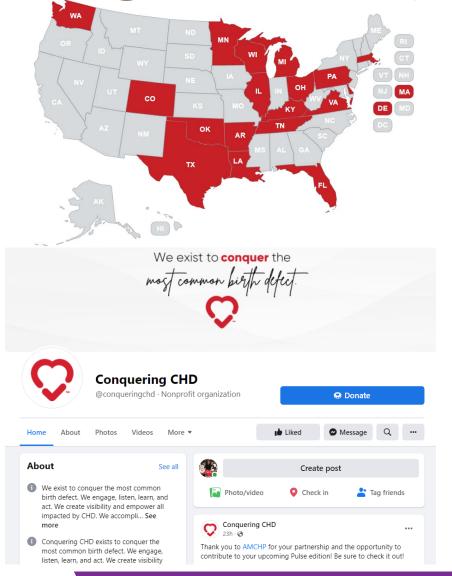




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8 Comments

# **Building Community – National Level**





#### Sisters by Heart

Sisters by Heart is dedicated to support and advocacy for the HLHS community.



#### Supporting and Linking Families Across the Country

Linked by Heart advances the mission of Sisters by Heart by fostering connections amongst the single ventricle community through regional, online support and by providing local resources to families.

Linked by Heart is generously run by parent volunteers known as "Regional Coordinators." Our Regional Coordinators are moms from across the nation who understand first-hand the experience of having a child with single ventricle anatomy. These Coordinators strive to connect families with others in their area for local support and information.

Any family affected by single ventricle anatomy is invited to register with the Linked by Heart Network and/or join the Regional Facebook group in their area.



# **Building Community – National Level**

#### Single Ventricle Center of Excellence





#### Group by Lurie Children's Single Ventricle Center of Excel

Fontan Futures at Lurie Children's

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# **Building Community – National Level**





FONTAN OUTCOMES NETWORK PRESENTS:

### SINGLE VENTRICLE PATIENTS DAY: TEENS AND ADULTS

#### OCTOBER 30TH, 2021



NATIONAL PEDIATRIC CARDIOLOGY Quality Improvement Collaborative









# Building Community – Any way you can...

#### Single Ventricle Center of Excellence





Group by Lurle Children's Single Ventricle Center of Excel

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Lurie Children's Single Ventricle Center of Excellence

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This day was designed for patients by patients with the intent to connect and empower teens and adults with single ventricle circulation, while gaining the tools to take control of their CHD care. This session is intended for individuals with single ventricle circulation aged 14 +, as well as their significant others. They are kindly requesting that parents and providers do not attend to ensure that

patients feel comfortable speaking freely. For an overview of the day, view the agenda at a glance

#### **Register for Single Ventricle Patient Day**





# **Building Community**

#### Ann & Robert H. Lurie Children's Hospital of Chicago

#### Single Ventricle Center of Excellence



Hello Lurie Children's Patients and Families,

We are emailing to remind you about 3 exciting virtual events for patients living with Fontan circulation and their families. We would love to have you and/or your families participate in any of the events! Thank you for allowing Lurie Children's to be a part of your journey. We hope to see you at these events to help us identify the challenges we face, but also to share in the incredible joy of your kid's and family's many amazing milestones!

#### FON Fall Learning Session Friday, October 29, 9:00am – 11:00am CST (Patients and Families welcome)



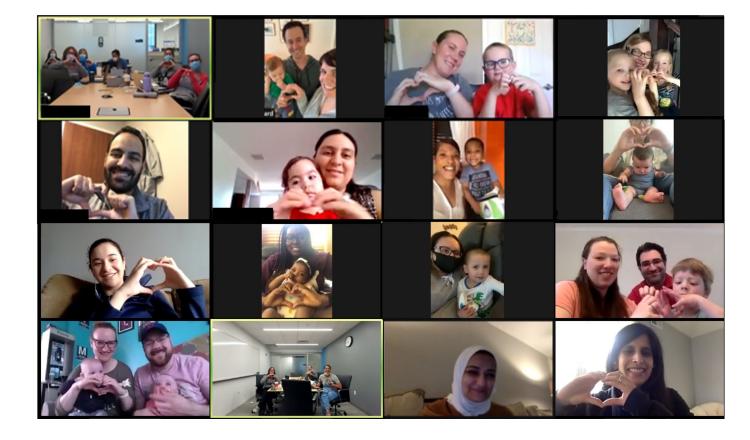
The FON Fall Learning Session will be an opportunity for parents, patients, caregivers, clinicians, researchers, and anyone else involved in the community to come together to improve outcomes for children and adults

living with Fontan circulation! Our Lurie Children's team is very proud to be one of the founding and pilot centers for this new network and we would love for you to join us to learn more about the exciting work we will be a part of moving forward. For an overview of the day, view the agenda.

#### • 9am-10am: Lurie Children's Meet and Greet

10am-11am: FON Fall 2021 Virtual Learning Session

Register for Lurie Meet and Greet Register for FON Learning Session







# Building <u>Confidence and</u> <u>Competence</u>

Mary Pat Gallagher Hassenfeld Children's Hospital





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# Checklist Component : Confidence & Competence

• Members of our practice setting are <u>confident and competent</u> initiating discussions about emotional health topics with children and adolescents with chronic medial conditions and their family members







# Mary Pat Gallagher, MD

- Director, Robert I. Grossman, MD and Elisabeth J. Cohen, MD Pediatric Diabetes Center at Hassenfeld Children's Hospital at NYU Langone
- Team member, Roadmap Pilot Collaborative





# Developing confidence and competence: Introduction of concepts

Emotional and behavioral health ...

- are the foundation of wellness.
- are often negatively impacted by living with chronic health conditions.
- impact health outcomes.
- can be addressed by all team members.



### Developing confidence and competence: Baseline comfort level

- "Normalize, Ask, Pause"- works for staff too
- Encourage honest feedback about feelings of resistance
- Debriefing sessions
- Anonymous electronic polls for self-assessments of knowledge, comfort levels, and identification of barriers



# **Developing confidence and competence: Building confidence**

- Didactic sessions
- Debriefing sessions
- Re-assessment of team members' comfort level
- Ongoing education and discussion
- Input from Family Advisors and Youth Advisors



# **Including families**

- Authentic
- Meaningful
- Personal





# Toolbox

- Weekly meetings with behavioral health team members
- Dedicated time for behavioral health in meetings
- Welcome honest feedback about hesitancy and worries
- Ask behavioral health team to listen, validate, educate
- Role play
- Plan small tests of change
- Communicate and *celebrate* progress



# **Getting started**

- Memorize the phrase(s), then be prepared for what comes next
- We need to be **authentically** non-judgmental
- Our language will reflect our attitudes and beliefs
- There may be some "big feelings"
- Recognize you don't need to "fix" everything



# In summary

- Find a physician champion
- Recruit behavioral health team support- critical
- Share youth and family stories- can be transformative
- Engage people from every discipline
- Encourage self-reflection before launching
- Recognize that listening might be the intervention



Developing or Updating a <u>Crisis Plan</u>

Carole Lannon





# Checklist Component: <u>Crisis Plans</u>

- Our practice setting has a crisis plan in place to handle mental health emergencies, including suicidality
- for patients
- for <u>family members (e.g., parents,</u> <u>siblings)</u>





# Q/A & Discussion

**All Participants** 







# Webinar #3

### Making a Difference in the Emotional Life of Children in Your Care [Date TBD]

Learn to apply strategies to support emotional health and resilience for children with chronic conditions and their families.







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The Roadmap Project <u>ABP\_Fdn\_Project@cchmc.org</u> https://www.abp.org/foundation/roadmap



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