Pediatric Falls: Preventing Falls in the Pediatric Surgical Population

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Pediatric Falls - A Brief Review

Pediatric Falls Prevention Program Development

- **Humpty Dumpty Falls Prevention Program**
  - 2001: Based on leadership and multidisciplinary teams
  - Through literature research
  - Based on a retrospective review of pediatric falls
  - Parameters:
    - **Age:**
    - **Gender:**
    - **Diagnosis:**
    - **Environment:**
    - **Medication Usage**
  - Fall Assessment Score
    - Maximum Score: 23
    - Minimum Score: 7

Pediatric Miami Children’s Hospital Fall Event Definitions

- Witnessed or reported unplanned event where the child is at a lower level of consciousness than age-appropriate, resulting in injury and/or medical condition related to injury
  - 6 out of 7 occurred in the restroom
  - 5 Post-operative
  - 4 Non-Developmental Anticipated Physiologic
  - 3 Non-Developmental Anticipated Psychosocial
  - 2 Non-Developmental Anticipated Physiologic and Psychosocial
  - 1 Non-Developmental Anticipated Physiologic and Psychosocial
  - 1 Non-Developmental Anticipated Psychosocial

Action Plan

- Nurse Manager and Clinical Specialist met with the Nursing-wide Fall Prevention Team
  - Each event looked at in detail
  - Identification of trends
  - Staff meeting held to discuss scenarios with the Nursing-wide Fall Prevention Team
  - Staff driven action plan developed

Action Plan Initiatives and Interventions

- Unit Specific Action Plans Developed by direct care RNs
  - Bedside repositioning
  - Other fall risk interventions
  - Identification of unmet needs

References